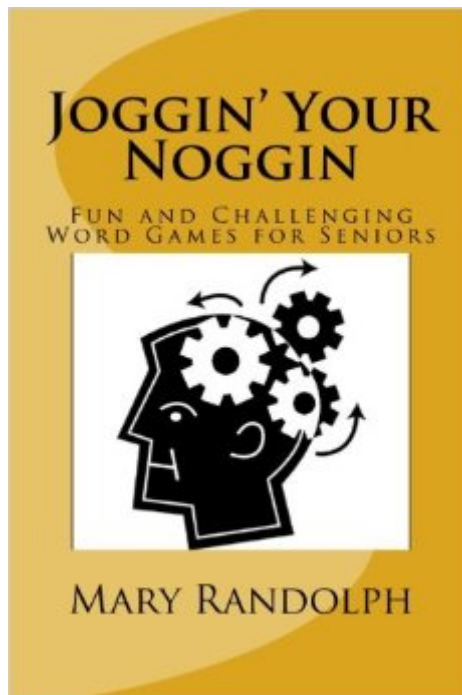


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# Joggin' Your Noggin: Fun And Challenging Word Games For Seniors (Volume 1)



## Synopsis

The *œJoggin™ Your Noggin•* series of word games is aimed at improving the lives of people struggling with dementia. Unlike many Alzheimer's activities books directed to caregivers, *œJoggin™ Your Noggin•* is designed to be completed by a person in mild to moderate stages, independently or with some support. Written by a Speech-Language Pathologist, the games offer an opportunity not only for fun, entertainment, and a sense of accomplishment, but also for essential mental stimulation. *œComplete the Song Title,• œName the Opposite,• œPicture the Description,• and œFill in the Blank•* are but a few examples. When shared with caregivers, family or friends, meaningful interaction is automatic. Individual questions provide a springboard to reminisce about fond memories and create moments of shared joy. Activities Directors and Recreation Therapists will find a wealth of ready-made content to incorporate into group activities. The level of difficulty, based on vocabulary, varies from the simplest in Volume I to the most advanced in Volume IV. Answers are readily accessible on the following page or at the back of the book. Each volume contains over 70 games and is sold at a more affordable price than similar products. The *œJoggin™ Your Noggin•* series continues to receive very positive reviews.

## Book Information

Paperback: 88 pages

Publisher: Noggin Joggin' Books (May 20, 2012)

Language: English

ISBN-10: 0615640273

ISBN-13: 978-0615640273

Product Dimensions: 6 x 0.2 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 starsÂ Â See all reviewsÂ (34 customer reviews)

Best Sellers Rank: #87,776 in Books (See Top 100 in Books) #81 inÂ Books > Humor & Entertainment > Puzzles & Games > Word Search #97 inÂ Books > Humor & Entertainment > Puzzles & Games > Word Games

## Customer Reviews

My 87 year old grandmother with dementia can no longer read (vision problems) or write (shaky hands) on her own, but I read the exercises out loud to her and fill out the answers she gives. I even make notes as to any prompts I might have added to help her out if she was struggling with an answer and I note the date so that I can keep track of any progression or deterioration. They really

get her mind working. She seems to really enjoy them. She gets excited when she finds the answers and asks me how she did at the end of each activity. Sometimes it makes her think of stories that associate with the topics and we really get to talking. We often work on them over breakfast, take the book with us to waiting rooms, or use it to fill that lull in the afternoon to try to keep her mind moving straight through the "sundowning" and distract her a bit. I wish there were more books like this at this level.

Very very easy. I gave it away hoping it will go to good use. My mother would have been upset if I gave this to her. The review I read before I bought it said it was too easy, but I tried it anyway. There might be someone that can use it. My heart goes out to them and their care giver. But anything to work ones mind at any level of dementia is a joy to all involved.

This is a well constructed activity book to use with persons with moderate to advanced dementia, especially those who in their pre-dementia lives enjoyed reading, crossword puzzles and language.

I recently ordered the set of 3 books for a friend whose father has Alzheimers. She called to thank me and told me that her mother, who is 90, is enjoying the books more than her father. She feels that they are helping her mom a lot as they are stimulating memories and conversation.

My grandma loved this! She is 85 and since she has retired she's spent a lot of time pacing the house, cleaning things that are already clean, and sitting in front of the TV but not really watching it. The newspapers aren't of much interest since they have horrible stories, the print hurts her eyes and her attention span for reading isn't really there. She couldn't put this book down!! Kept her mind busy which was my intention!!

I bought this for my senior parents for Christmas. They have loved it. This book helps with recollection which is a great exercise for senior adults. I recommend this book for seniors to keep their memory clear. Joggin' Your Noggin gave them a lot of joy as they recalled other memories due to the books memories.

Working with the elderly and providing cognitive activities each day, this was a great purchase for our Day Program. Highly recommend to anyone in this field of work. This would be great for a car ride too.

A little too easy even for moderate stage Alzheimer's.

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(Seniors, Low Impact Exercise Book 1)

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